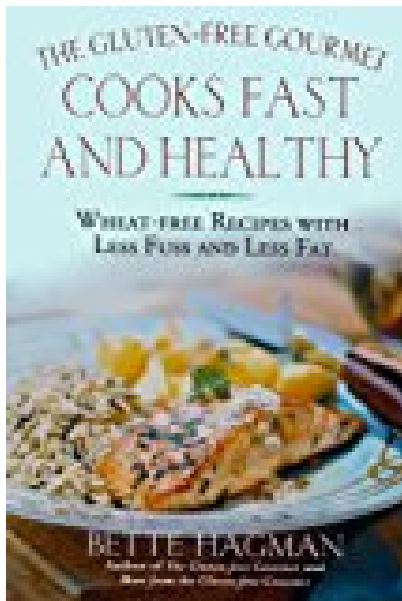


The Gluten-Free Gourmet Cooks Fast and Healthy Wheat-Free and Gluten-Free with Less Fuss and Less Fat



BOOK DETAILS

- Author : Bette Hagman
- Pages : 416 Pages
- Publisher : Holt Paperbacks
- Language : English
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BOOK SYNOPSIS

The Gluten-Free Gourmet Cooks Fast and Healthy is the perfect cookbook for those who must put together a gluten-free meal at the end of the long working day. From the author of The Gluten-free Gourmet, 2nd edition, here are more than 275 recipes for gluten-free pasta, baking, and soup mixes that are as easy to use as anything from the grocery store. With new bean flours to add to the other gluten-free flours, there are also fantastic recipes for gluten-free breads, cakes, cookies, pies, and pastries and other desserts. Complete with frequently-asked questions about Celiac Disease, The Gluten-Free Gourmet Cooks Fast and Healthy is a helpful resource for cooks mindful of dietary restrictions.

THE GLUTEN-FREE GOURMET COOKS FAST AND HEALTHY WHEAT-FREE AND GLUTEN-FREE WITH LESS FUSS AND LESS FAT

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