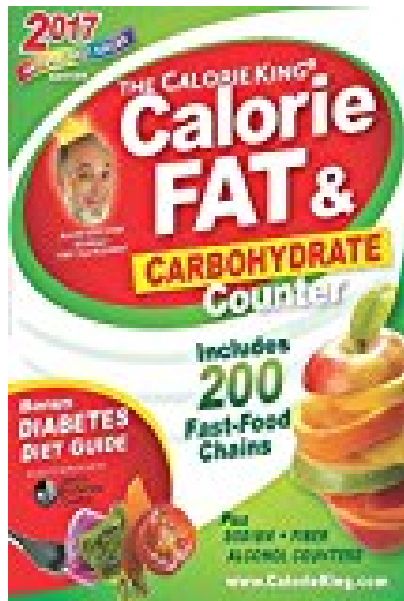


# The CalorieKing Calorie Fat & Carbohydrate Counter 2017 Pocket-Size Edition

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## BOOK DETAILS

- Author : Allan Borushek
- Pages : 288 Pages
- Publisher : Family Health Publications
- Language : English
- ISBN : 1930448678

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## **BOOK SYNOPSIS**

The CalorieKing Calorie, Fat & Carbohydrate Counter 2017--a simple, safe, practical and effective guide to a healthy and lasting weight loss. This edition has more up-t-date fast food and restaurant chain listings than any similar book with more than 200 fast food and restaurant chains, plus unique listings for food courts, theaters, carnivals and much more. The color-coded listings make it easy to compare foods at a glance and discover hidden Consistently receives highest reader rating in category Amazon.com Top 100 Best-Selling Diet Books Most recommended calorie, fat & carb counter by diabetes educators, dietitians and health education clinics Most up-t-date food data listings, surpassing all other books and apps for accuracy As featured in HBOs Weight of The Nation Preferred calorie counter of past Biggest Loser Coaches Category Winner National Health Information Awards Ranked #1, receiving highest reader rating for books in similar category by Amazon.com readers Outsells all other food counters 5 to 1 in major bookstores and Amazon.com Updated editions have outsold every book in category in all markets for more than 13 years."

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