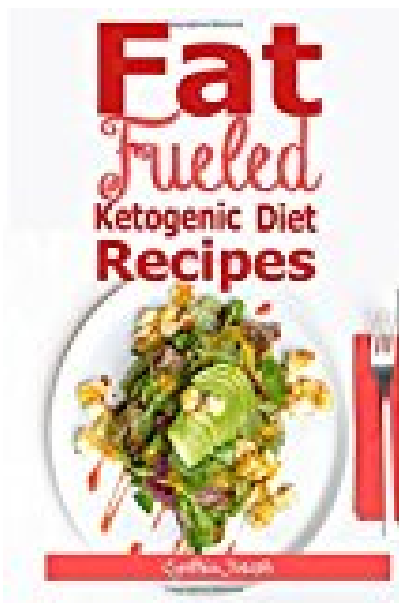


Fat Fueled Ketogenic Diet Recipes 10 Days Ketogenic Meal Plan to Help you Combat Cancer Boost Brain Power and Increase Your Energy! Using Low Carb Sugar Free Ketogenic Diet



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BOOK SYNOPSIS

The all-new international bestseller! Think you know the Atkins Diet? Think again. This completely updated, easier-than-ever version of the scientifically-proven Atkins diet has helped millions of people around the world lose weight—and maintain that weight loss for life. The New Atkins is... Powerful: Learn how to eat the wholesome foods that will turn your body into an amazing fat-burning machine. Easy: The updated and simplified program was created with you and your goals in mind. Healthy: Atkins is about eating delicious and healthy food—a variety of protein, leafy greens, and other vegetables, nuts, fruits, and whole grains. Flexible: Perfect for busy lifestyles: you can stick with Atkins at work, at home, on vacation, when you're eating out—wherever you are. Backed by Science: More than 50 studies support the low-carb science behind Atkins. But Atkins is more than just a diet. This healthy lifestyle focuses on maintenance from Day 1, ensuring that you'll not only take the weight off—you'll keep it off for good. Featuring inspiring success stories, all-new recipes, and 24 weeks worth of meal plans, The New Atkins for a New You offers the proven low-carb plan that has worked for millions, now totally updated and even easier than ever.

FAT FUELED KETOGENIC DIET RECIPES 10 DAYS KETOGENIC MEAL PLAN TO HELP YOU COMBAT CANCER BOOST BRAIN POWER AND INCREASE YOUR ENERGY! USING LOW CARB SUGAR FREE KETOGENIC DIET

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